

**Preseli Beast 2018**

No	Name	Surname	Cat	Club	T's	EM contact
1	Celia	BOOTHMAN	F40	LTR coaching	S	Patrick-
2	Matthew	COATES	M40	Crap Tri	XL	Liz - 07402 823 408
3	Rob	O'LOUGHLIN	OM	Kent		Robyn- 07825 752 122
4	Paul	NOWACZEK	M40	Islwyn RC	M	Jayne- 07898 892 015
5	Claire	O'BRIEN	F40	Gloucs		Russell- 07766 236 443
6	Russell	PENWELL	OM	Gloucs		Russell- 07766 236 443
7	Chief Al	DAVIES	M50	DDMT		Debbie- 07968 780 681
8	Ryan	NAISH	M40	Haverfordwest	S	David- 01725 511 130
9	Ian	THOMAS	M50	Cardigan	L	Sue- 07929 320 451
10	Dean	JOHN	M50	TROT's	L	Carolyn- 07768 764 078
11	Darren	SHAW	M40	Cardiff	M	Esther- 07908 976 103
12	Marcus	AHERNE	M40	Aldershot	L	Lou- 07958 639 584
13	Kate	TOWNSEND	F40	Farnham Runners	S	Mum- 07775 796 696
14	James	DAVIES	OM	Abingdon	S	Sian- 07810 007 568
15	Imtiaz	ILAH	M40	Birmingham		Zaki- 07964 300 086
16	Nick	YOUNG	OM	Llandaff		02920 302 843
17	Martyn	CLOUTER	OM	Radyr		Martyn- 07827 440 929
18	Cliff	SEARLE	OM	Llandaff		Rachel- 07742 907 261
19	Paul	BEYNON	OM	Cardiff		Ross- 07968 379 192
20	John	CHERRY	M40	Swansea		Abigail- 01792 923 065
21	Mathew	THOMAS	M40	Cardiff		Rhiannon 07970 189 314
22	Ben	WORSEY	OM	Llanteg		Alex- 07970 437 512
23	Kim	Van der WESTHUIZEN	F40	Guildford		Kate 07770 432 740
24	Mathew	POWELL	OM	Celtic Tri		Alan- 01792 802 492
25	Nikki	POWELL	F40	Celtic Tri	S	Alan- 01792 802 492
26	Jack	PALLAS	OM	Narberth	M	Melanie- 07488 357 419
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