

## Beast Bach 2018

No	Name	Surname	Cat	Club	Local	T's
1161	Louise	ABBOTT	F60	Cirencester AC		
1162	Tony	ACTON	M50	Cardiff		M
1163	Martin	ANDREWS	M60	TROTS		
1164	David	BANNISTER	M50	Lower town, Fishguard	Y	
1165	Michelle	BEESON	F40	Maldwyn Harriers		
1166	Jason	BELTON	M40	Ambleston	Y	M
1167	Georgia	BEVAN	OF	Llandeilo		
1168	Suzanne	BEVAN	F50	Llandeilo		
1169	Heather	BIRTWISTLE	OF	Victoria Park Harriers		
1170	Kiera	BLAZEY	OF	Saundersfoot		
1171	Louise	BOORMAN	F50	Pembrokeshire Harriers	Y	
1172	Chris	BOWEN	OM	Blaenporth		
1173	Anna	BOWEN	OF	Llandysul		S
1174	Natalie	BOWEN	F40	Haverfordwest	Y	M
1175	Joanne	BOWES	F50	Carmarthen Harriers		S
1176	Denise	BRADLEY	F50	Ogmore Phoenix runners		
1177	James	BRAUN	M40	Cardiff		
1178	Karen	BRAUN	F40	Cardiff		
1179	Niall	BRIDGE	M40	Maenclochog	Y	L
1180	Zana	BRYAN	OF	Amman Valley Harriers		
1181	Neil	BRYAN	M40	Amman Valley Harriers		
1182	Misha	BURNHAM	OM	Pontfaen	Y	
1183	Linzi	BYRNE	OF	Clwb rhedeg Pontardawe		
1184	Abi	CHERRY	OF	Swansea		
1185	Daniel	CLARK	OM	Ogmore Phoenix Runners		
1186	Judith	COLSTON	F70	Treffgarne		
1187	Gill	COOK	F60	Llandysul		S
1188	Mathew	CORKE	M50	Cardiff		
1189	Leith	COUPER	M50	Berks		
1190	Amy	CRAIG	OF	Pembrokeshire Harriers	Y	
1191	Nic	DANCEY	M40	Malvern Joggers		
1192	David	DANIELS	M60	Cobra running & Tri club		
1193	Jon	DAVIES	OM	Narberth	Y	
1194	Kyle	DAVIES	OM	Maenclochog	Y	
1195	Charmain	DAVIES	OF	Maenclochog	Y	
1196	Emma	DAVIES	OF	Sospan road runners		
1197	Jessica	DAVIES	OF	Saundersfoot		
1198	Ann	DAVIES	F60	Ogmore Phoenix runners		
1199	Elaine	DAVIES	F50	Pembrokeshire Harriers	Y	
1200	Elaine M	DAVIES	F50	Pembrokeshire Harriers	Y	L
1201	Sharon	DAVIES	F40	Sospan road runners		S
1202	Hazel	DAVIES	F60	Cardigan RC		
1203	Paul	DAY	M60	Lliswerry runners/DDMT		
1204	Lucy	DEERING	F40	Clwb rhedeg Pontardawe		
1205	Alec	DENNY	OF	Team Cemais	Y	S
1206	Anthony	DEW	M40	Llanddewi Velfrey	Y	
1207	Jim	DILKS	M40	TROTS		
1208	Rebecca	DILKS	F40	TROTS		

1209	Will	DODSON	OM	Hundleton		
1210	Amanda	DODSON	F40	Hundleton		
1211	Daniel	EDMONDS	M40	Manorbier		L
1212	Chris	ELMES	OM	Bristol		
1213	Ian	EVANS	OM	Templeton	Y	L
1214	Anthony	EVANS	M40	Keeston		M
1215	Barrie	EVANS	M40	Kilgetty		XL
1216	Mathew	EVANS	M40	Pembroke Dock		L
1217	Alex	FERRARO	OM	Cardigan running club	Y	
1218	Melanie	FERRIER	OF	Pembrokeshire Harriers		S
1219	Michela	FINNIS	OF	Llanelli		S
1220	Delyth	FLETCHER	F40	DDMT		
1221	Christopher	GALE	M40	Neyland		M
1222	Andrew	GRIFFIN	M40	Pentlepoir		
1223	Rhys	GRIFFITHS	OM	St Petrox		
1224	Robert	GRIFFITHS	M40	St Petrox		
1225	Carrie	GRIFFITHS	F40	Ogmore Phoenix runners		
1226	Bradley	GURNEY	M40	Mercia Fell runners		M
1227	Simon	HALL	OM	Sarn Helen		M
1228	Guto	HARRIES	OM	Rosebush	Y	S
1229	Geraint	HARRIES	M50	Rosebush	Y	S
1230	Stuart	HARRIES	M50	Caerdydd.		L
1231	Maria	HARRIES	F40	Pembrokeshire Harriers	Y	S
1232	Simon	HARRISON	M50	Ogmore Phoenix runners		L
1233	Peter	HARROP	M50	Ogmore Phoenix runners		
1234	Julian	HART	M40	Cobra running & Tri club		
1235	Natalie	HAWKINS	OF	Pembrokeshire Harriers		
1236	Howard	HENRICKSEN	M40	Ogmore Phoenix runners		
1237	Iola	HOBBS	F40	Clwb rhedeg Pontardawe		
1238	Wayne	HOLLAND	M40	Primal Health & Fitness		
1239	Catrin	HORNUNG	F40	Cardiff		
1240	Rhodri	HORNUNG	M40	Cardiff		
1241	Mark	HORSMAN	M40	Cardigan RC		
1242	Melanie	HOWARD	F40	Run4all Neath		
1243	Karen	JAMES	F40	Narberth	Y	
1244	Emma	JAMES	OF	Pembrokeshire Harriers		
1245	Lee	JENKINS	OM	Run4all Neath		
1246	Kevin	JENKINS	M50	TROTS		
1247	Janette	JENKINS	F50	TROTS		
1248	Sally	JOHN	F40	Llanstadwell		M
1249	Paul	JOHNSON	M50	Begelly		
1250	Lorna	JOHNSON	F40	Celtic Tri		
1251	Nicola	JOHNSON	F40	Cardiff		M
1252	Dee	JOLLY	OF	Sarn Helen		
1253	Magda	JONES	OF	Carmarthen Harriers		XL
1254	Tori	JONES	OF	Sospan road runners		
1255	Huw	JONES	M60	Wiston	Y	
1256	Dafydd	JONES	M40	Cardiff		
1257	Sion	JONES	M40	Cardiff		
1258	Emma	JONES	F40	Pontardawe Running club		

1259	Aled	JONES-DAVIES	OM	TROTS		S
1260	Jeremy	JUDGE	OM	London		
1261	Chris	KENT	M40	Run4all Neath		M
1262	Stephanie	KESKIN	F40	New Moat	Y	
1263	Rhianna	KING	OF	Chippenham		
1264	Kyra	KIRKHAM	F40	Newcastle Emlyn		
1265	Kate	LAKELAND	OF	Preston Harriers		
1266	Alan	LAMBERT	M60	Pembroke		
1267	Mark	LEE	M60	TROTS		
1268	Catherine	LEE	F50	TROTS		
1269	Philip	LEIGHTON	OM	Bristol		
1270	Steve	LEWIS	OM	Goodwick	Y	
1271	Ian	LEWIS	M50	Ogmore Phoenix runners		
1272	Adrian	LEWIS	M40	Simpsons Cross		M
1273	Jenkin	LEWIS	M40	Hertfordshire		
1274	Mandy	LEWIS	F50	Narberth Nobblers.	Y	M
1275	Ffion	LEWIS	OF	Narberth	Y	
1276	David	LLOYD	M60	Halesowen Athletics & CC		
1277	Susan	LLOYD	F50	Pembrokeshire Harriers		
1278	William	LORT	OM	Hereford		
1279	Richard	LOWCOCK-JAMES	M4	Ogmore Phoenix Runners		
1280	Carer Sarah	LOWE	F40	BHWRC		
1281	Catherine	LUSZCZKI	OF	PPRC		
1282	Severine	MARI-PINCOTT	F40	PPRC		
1283	Eliza	MARTIN	OF	Pembrokeshire Harriers	Y	S
1284	Jackie	MARTIN	F50	Sospan road runners		
1285	Bob	MATTINGLY	M4	Swansea		
1286	Cat	MAYES	OF	Templeton	Y	
1287	Wendy	McHARG	F40	Pentlepoir		M
1288	Rowenna	MELBOURNE	OF	Kidwelly		
1289	John	MIKLAUSIC	OM	NGOC		
1290	Robert	MIKLAUSIC	OM	London		
1291	Sarah	MILLER	F50	Whitland		M
1292	Peter	MOODY	M60	Carmarthen Harriers		
1293	Kelly	MORGAN	F40	Godregraig		
1294	Sion	MORGAN JONES	OM	Carmarthen		
1295	Suzanne	MOSS	F40	Berkeley		
1296	Shaun	NEWBERY	OM	Pembrokeshire Harriers		
1297	Torin	NICHOLSON	OM	Rhosfach	Y	M
1298	Claire	O'BRIEN	F40	DDMT		L
1299	SeanieTom	O'CONNOR	M40	DDMT		
1300	Margaret	OLIVER	F60	Rhedwyr Eryri		
1301	Barry	OWEN	M40	Newcastle Emlyn		M
1302	Faye	PAGE	F40	Brislington		
1303	Michael	PALMER	M50	Trelech		
1304	Sue	PARRY	OF	Penygroes		
1305	Russell	PENWELL	OM	Gloucs		
1306	David	PEPPER	OM	Fishguard	Y	
1307	Adrian	PETERS	M40	Llanelli		
1308	Angela	PHILLIPS	F40	Neyland		

1309	Richard	PHILLIPS	M4	TROTS		L
1310	Claire	PICKETT	OF	Hundleton		S
1311	Rachel	POMPA	OF	Pontardawe		
1312	Rebecca	POOLE	OF	Fairwater runners Cwmbran		S
1313	Ricky	POOLE	M40	Cwmbran		L
1314	Rodney	POWELL	M40	Whitland	Y	
1315	Martin	PRICE	OM	Llanelli		
1316	Glyn	PRICE	M50	Sarn Helen		
1317	Rhian	PROTHEROE	F40	Malvern Joggers		
1318	George	RAINBOW	M40	Cwmfelin Boeth	Y	L
1319	Mitch	READWIN	OM	Sarn Helen		
1320	Donna	REED	OF	P.Dock		
1321	Edward	REED	M40	P.Dock		M
1322	Simon	REES	M40	Tumble		M
1323	Eleri	RIVERS	F40	Sarn Helen		
1324	Mark	RIVERS	M40	Sarn Helen		
1325	Christine	ROBERTS	OF	Llanstadwell		
1326	Sally	ROBERTSON-WILLIAM	OF	Cardigan	Y	
1327	Owen	ROBERTSON-WILLIAM	M40	Cardigan	Y	
1328	Daniel	ROBINSON	M4	Llanelli		S
1329	Joanne	ROGERS	F40	Pembrokeshire Harriers		S
1330	Faith	RYDER	F40	Pembrokeshire Harriers		
1331	Jonny	SABLE	OM	Rhedwyr Preseli	Y	
1332	Christopher	SEXTON	M50	Pembrokeshire Harriers	Y	
1333	Lee	SHANNON	OM	Pembrokeshire Harriers		
1334	Beverley	SHEARD	F50	Ogmore Phoenix runners		
1335	Nicole	SHEEHAN	OF	Hants		
1336	Joanna	SINCLAIR	F40	Spittal	Y	M
1337	Sutha	SIVA	M40	Ludchurch		
1338	Lorraine	SIVA	F50	Ludchurch		
1339	Annette	SMALL	OF	Cobra running & Tri club		
1340	Darren	SMALL	M40	Cobra running & Tri club		
1341	Andy	SMITH	M50	Swansea		XL
1342	Marianne	SPRATT	OF	Pembrokeshire Harriers		S
1343	Ben	STEELE	OM	Cobra running & Tri club		
1344	Richard	STRUDWICK	OM	Cardiff		
1345	Eleri	SUMMERS	OF	Login	Y	M
1346	Dan	SWIFT	OM	TROTS	Y	L
1347	Dave	TASKER	M50	Sospan road runners		L
1348	Jonathan	TEBBUTT	M40	Rhosfach	Y	
1349	Alun	THOMAS	OM	Narberth Nobblers.		
1350	Henry	THOMAS	OM	London		
1351	Lauren	THOMAS	OF	Pembrokeshire Harriers		
1352	Craig	THOMAS	M40	Llanelli		
1353	David	THOMAS	M50	Sarn Helen		
1354	Chris	TILLEY	M60	Trefin		
1355	Andrew	TOFT	M50	Cardigan RC		L
1356	Sharon	TROTMAN	F40	3M Gorseinon RR		
1357	Toni	TRUEMAN	F40	Clarby rd.		Y
1358	James	TURNER	M40	Primal Health & Fitness		M

1359	Kevin	UPSTILL	M50	Rhedwyr Preseli	Y	L
1360	Chris	VANE	M40	Haverfordwest	Y	L
1361	Jamie	VANSTONE	OM	Ogmore Phoenix runners		
1362	Jacqueline	WALDEN-JONES	F40	Pontfaen	Y	L
1363	John	WALLACE	M50	Henley on Thames		
1364	Gina	WALTERS	F40	Pembrokeshire Harriers		
1365	Rebecca	WATKINS	OF	Fishguard	Y	M
1366	Rhydzy the bear	WATKINS	OM	He's not sure	Y	L
1367	Karl	WEAKE	M40	Camrose		
1368	Peter	WESTMORLAND	M40	Gosport		S
1369	Stuart	WESTMORLAND	M40	Rhedwyr Preseli	Y	
1370	James	WICKS	OM	Templeton	Y	
1371	Dave	WILCOCK	M40	Isle of Wight RR		XL
1372	Jon	WILLIAMS	OM	Fishguard	Y	
1373	Stephen	WILLIAMS	OM	Cardigan RC		
1374	Kelly	WILLIAMS	OF	Swansea		
1375	Victoria	WILLIAMS	OF	Swansea Harriers		
1376	Jonathan	WILLIAMS	M50	TROTS		
1377	Steve	WILLIAMS	M50	Types Dewi Rhedeg		
1378	Geraint	WILLIAMS	M40	Pontardawe		M
1379	Alec	WILLIAMS	M50	Pembrokeshire Harriers		
1380	Gwyndaf	WILLIAMS	M40	Pembrokeshire Harriers	Y	
1381	Jimmy	WILSON	OM	Milford Haven		
1382	Emma	WINCH	OF	Bridgend		
1383	Laura	WINTER	OF	Emlyn Winter		
1384	Anwen	WOODHOUSE	F50	Pembrokeshire Harriers	Y	M
1385	Therese	WOODIER	OF	Abergavenny		
1386	Laurence	WORTH	M50	Pembrokeshire Harriers	Y	
1387	Andrew	WRIGHT	M40	Clunderwen	Y	