

Beast Bach 2018

Pos	Time	Family	First	Num	Cat	Club	Lcl	Cat Pos
1	1:18:33	Lewis	Dylan	1323	OM	Sarn Helen		1st OM
2	1:22:44	HORSMAN	Mark	1241	M40	Cardigan RC		1st M40
3	1:24:00	FERRARO	Alex	1217	OM	Cardigan running club	Y	2nd OM
4	1:24:22	HALL	Simon	1227	OM	Sarn Helen		3rd OM
5	1:24:33	PRICE	Glyn	1316	M50	Sarn Helen		1st M50
6	1:29:08	NEWBERY	Shaun	1296	OM	Pembrokeshire Harriers		
7	1:29:38	SHANNON	Lee	1333	OM	Pembrokeshire Harriers		
8	1:29:55	VANSTONE	Jamie	1361	OM	Ogmore Phoenix runners		
9	1:30:01	WILLIAMS	Alec	1379	M50	Pembrokeshire Harriers		2nd M50
10	1:30:52	JUDGE	Jeremy	1260	OM	London		
11	1:32:29	DODSON	Will	1209	OM	Hundleton		
12	1:32:45	JONES-DAVIES	Aled	1259	OM	TROTS		
13	1:33:31	Boothman	Celia	1396	F40	LTR Coaching	Y	1st F40
14	1:33:40	JOLLY	Dee	1252	OF	Sarn Helen		1st OF
15	1:34:33	RIVERS	Mark	1324	M40	Sarn Helen		2nd M40
16	1:36:14	WILLIAMS	Stephen	1373	OM	Cardigan RC		
17	1:39:29	BLACKLER	Tom	1389	OM			
18	1:39:32	WILLIAMS	Steve	1377	M50	Types Dewi Rhedeg		3rd M50
19	1:40:02	HOLLAND	Wayne	1238	M40	Primal Health & Fitness		3rd M40
20	1:40:24	WILLIAMS	Jon	1372	OM	Fishguard	Y	
21	1:41:12	PEPPER	David	1306	OM	Fishguard	Y	
22	1:42:03	WILSON	Jimmy	1381	OM	Milford Haven		
23	1:42:15	MATTINGLY	Bob	1285	M40	Swansea		
24	1:42:19	PHILLIPS	Richard	1309	M40	TROTS		
25	1:42:22	HARRIES	Guto	1228	OM	Rosebush	Y	
26	1:42:49	GURNEY	Bradley	1226	M40	Mercia Fell runners		
27	1:43:30	WESTMORLAND	Peter	1368	M40	Gosport		
28	1:43:40	POWELL	Rodney	1314	M40	Whitland	Y	
29	1:44:20	SWIFT	Dan	1346	OM	TROTS	Y	
30	1:44:32	HARRISON	Simon	1232	M50	Ogmore Phoenix runners		
31	1:44:37	LORT	William	1278	OM	Hereford		
32	1:45:28	BIRTWISTLE	Heather	1169	OF	Victoria Park Harriers		2nd OF
33	1:46:48	DANIELS	David	1192	M60	Cobra running & Tri club		1st M60
34	1:47:13	REES	Simon	1322	M40	Tumble		
35	1:48:03	STEELE	Ben	1343	OM	Cobra running & Tri club		
36	1:48:17	READWIN	Mitch	1319	OM	Sarn Helen		
37	1:49:39	HART	Julian	1234	M40	Cobra running & Tri club		
38	1:49:53	ELMES	Chris	1212	OM	Bristol		
39	1:49:53	LEIGHTON	Philip	1269	OM	Bristol		
40	1:50:14	LEWIS	Steve	1270	OM	Goodwick	Y	
41	1:50:49	BELTON	Jason	1166	M40	Ambleston	Y	
42	1:51:32	TOFT	Andrew	1355	M50	Cardigan RC		
43	1:51:54	BOWEN	Chris	1172	OM	Blaenporth		
44	1:52:06	MIKLAUSIC	John	1289	OM	NGOC		
45	1:52:08	GALE	Christopher	1221	M40	Neyland		

46	1:52:16	EVANS	Barrie	1215	M40	Kilgetty		
47	1:52:29	Winstone	Douglas	1397	OM			
48	1:53:14	PRICE	Martin	1315	OM	Llanelli		
49	1:54:09	MAYES	Cat	1286	OF	Templeton	Y	3rd OF
50	1:54:14	LEWIS	Jenkin	1273	M40	Hertfordshire		
51	1:54:50	LAKELAND	Kate	1265	OF	Preston Harriers		
52	1:55:12	SEXTON	Christopher	1332	M50	Pembrokeshire Harriers	Y	
53	1:55:15	PARRY	Sue	1304	OF	Penygroes		
54	1:55:18	VANE	Chris	1360	M40	Haverfordwest	Y	
55	1:55:30	MARTIN	Eliza	1283	OF	Pembrokeshire Harriers	Y	
56	1:55:44	DEW	Anthony	1206	M40	Llanddewi Velfrey	Y	
57	1:56:06	KIRKHAM	Kyra	1264	F40	Newcastle Emlyn		2nd F40
58	1:56:08	THOMAS	David	1353	M50	Sarn Helen		
59	1:56:20	DAVIES	Hazel	1202	F60	Cardigan RC		1st F60
60	1:56:21	OWEN	Barry	1301	M40	Newcastle Emlyn		
61	1:56:35	BOWES	Joanne	1175	F50	Carmarthen Harriers		1st F50
62	1:56:41	HENRICKSEN	Howard	1236	M40	Ogmore Phoenix runners		
63	1:56:57	ACTON	Tony	1162	M50	Cardiff		
64	1:57:59	BEVAN	Suzanne	1168	F50	Llandeilo		2nd F50
65	1:58:05	SIVA	Lorraine	1338	F50	Ludchurch		3rd F50
66	1:58:51	CLARK	Daniel	1185	OM	Ogmore Phoenix Runners		
67	1:59:52	BRYAN	Neil	1181	M40	Amman Valley Harriers		
68	2:00:03	SMALL	Annette	1339	OF	Cobra running & Tri club		
69	2:00:03	SMALL	Darren	1340	M40	Cobra running & Tri club		
70	2:00:23	WESTMORLAND	Stuart	1369	M40	Rhedwyr Preseli	Y	
71	2:00:38	HOWARD	Melanie	1242	F40	Run4all Neath		3rd F40
72	2:01:15	DILKS	Jim	1207	M40	TROTS		
73	2:01:38	HARRIES	Geraint	1229	M50	Rosebush	Y	
74	2:02:40	EDMONDS	Daniel	1211	M40	Manorbier		
75	2:02:47	POOLE	Rebecca	1312	OF	Fairwater runners Cwmbran		
76	2:03:43	HUGHES	Aled	1225	OM	Ogmore Phoenix runners		
77	2:04:30	BURNHAM	Misha	1182	OM	Pontfaen	Y	
78	2:04:58	THOMAS	Lauren	1351	OF	Pembrokeshire Harriers		
79	2:04:59	THOMAS	Alun	1349	OM	Narberth Nobblers.		
80	2:05:30	MIKLAUSIC	Robert	1290	OM	London		
81	2:05:33	HAWKINS	Natalie	1235	OF	Pembrokeshire Harriers		
82	2:06:55	MOODY	Peter	1292	M60	Carmarthen Harriers		2nd M60
83	2:07:11	JENKINS	Kevin	1246	M50	TROTS		
84	2:07:12	KENT	Chris	1261	M40	Run4all Neath		
85	2:07:23	WALTERS	Gina	1364	F40	Pembrokeshire Harriers		
86	2:07:26	DAY	Paul	1203	M60	Lliswerry runners/DDMT		3rd M60
87	2:07:29	LLOYD	Susan	1277	F50	Pembrokeshire Harriers		
88	2:07:49	THOMAS	Henry	1350	OM	London		
89	2:07:53	BEVAN	Georgia	1167	OF	Llandeilo		
90	2:08:01	CORKE	Mathew	1188	M50	Cardiff		
91	2:08:27	FERRIER	Melanie	1218	OF	Pembrokeshire Harriers		
92	2:08:33	BOORMAN	Louise	1171	F50	Pembrokeshire Harriers	Y	

93	2:09:24	DAVIES	Jon	1193	OM	Narberth	Y	
94	2:09:31	ROBERTS	Christine	1325	OF	Llanstadwell		
95	2:09:43	STRUDWICK	Richard	1344	OM	Cardiff		
96	2:10:02	BOWEN	Natalie	1174	F40	Haverfordwest	Y	
97	2:10:15	EVANS	Ian	1213	OM	Templeton	Y	
98	2:10:45	MORGAN	Andrew	1390	OM			
99	2:10:46	Hough	Ian	1393	M40	Narberth	Y	
100	2:10:58	JOHNSON	Lorna	1250	F40	Celtic Tri		
101	2:12:13	HORNUNG	Rhodri	1240	M40	Cardiff		
102	2:13:01	REED	Edward	1321	M40	P.Dock		
103	2:31:02	ROBINSON	Daniel	1328	M40	Llanelli		
104	2:13:08	LLOYD	David	1276	M60	Halesowen Athletics & CC		
105	2:13:38	LEWIS	Adrian	1272	M40	Simpsons Cross		
106	2:13:39	WEAKE	Karl	1367	M40	Camrose		
107	2:13:39	EVANS	Anthony	1214	M40	Keeston		
108	2:14:01	JENKINS	Lee	1245	OM	Run4all Neath		
109	2:14:18	TILLEY	Chris	1354	M60	Trefin		
110	2:14:22	COUPER	Leith	1189	M50	Berks		
111	2:14:47	BRYAN	Zana	1180	OF	Amman Valley Harriers		
112	2:15:28	BEESON	Jake	1394	OM	Maldwyn Harriers		
113	2:15:32	BRADLEY	Denise	1176	F50	Ogmore Phoenix runners		
114	2:15:33	COTTON	Brian	1198	M40	Ogmore Phoenix runners		
115	2:15:40	WILLIAMS	Owen	1327	M40	Cardigan	Y	
116	2:15:53	DODSON	Amanda	1210	F40	Hundleton		
117	2:15:58	WOODIER	Therese	1385	OF	Abergavenny		
118	2:17:18	POOLE	Ricky	1313	M40	Cwmbran		
119	2:18:06	WILLIAMS	Jonathan	1376	M50	TROTS		
120	2:18:07	DAVIES	James	1388	OM	Abingdon		
121	2:18:16	ANDREWS	Martin	1163	M60	TROTS		
122	2:18:29	JAMES	Richard	1279	M40	Ogmore Phoenix Runners		
123	2:19:02	SUMMERS	Eleri	1345	OF	Login	Y	
124	2:21:12	FLETCHER	Delyth	1220	OF	DDMT		
125	2:21:15	TEBBUTT	Jonathan	1348	M40	Rhosfach	Y	
126	2:21:39	PROTHEROE	Rhian	1317	F40	Malvern Joggers		
127	2:21:39	DANCEY	Nic	1191	M40	Malvern Joggers		
128	2:22:22	WILLIAMS	Victoria	1375	OF	Swansea Harriers		
129	2:22:42	HARRIES	Maria	1231	F40	Pembrokeshire Harriers	Y	
130	2:23:08	PAGE	Faye	1302	F40	Brislington		
131	2:23:12	HARROP	Peter	1233	M50	Ogmore Phoenix runners		
132	2:23:25	CHERRY	Abi	1184	OF	Swansea		
133	2:23:47	UPSTILL	Kevin	1359	M50	Rhedwyr Preseli	Y	
134	2:24:17	OLIVER	Margaret	1300	F60	Rhedwyr Eryri		
135	2:24:27	WRIGHT	Andrew	1387	M40	Clunderwen	Y	
136	2:25:00	TRUEMAN	Toni	1357	F40	Clarby rd.		
137	2:25:25	PALMER	Michael	1303	M50	Trelech		
138	2:25:44	SPRATT	Marianne	1342	OF	Pembrokeshire Harriers		
139	2:27:58	JONES	Huw	1255	M60	Wiston	Y	

140	2:28:59	SMITH	Andy	1341	M50	Swansea		
141	2:30:15	JONES	Dafydd	1256	M40	Cardiff		
142	2:30:54	WINCH	Emma	1382	OF	Bridgend		
143	2:31:36	LEWIS	Ffion	1275	OF	Narberth	Y	
144	2:31:37	LEWIS	Mandy	1274	F50	Narberth Nobblers.	Y	
145	2:32:03	DEERING	Lucy	1204	F40	Clwb rhedeg Pontardawe		
146	2:32:14	LUSZCZKI	Catherine	1281	OF	PPRC		
147	2:32:15	BYRNE	Linzi	1183	OF	Clwb rhedeg Pontardawe		
148	2:32:16	MORGAN	Kelly	1293	F40	Godregraig		
149	2:32:20	MILLER	Sarah	1291	F50	Whitland		
150	2:32:29	DILKS	Rebecca	1208	F40	TROTS		
151	2:32:57	JAMES	Emma	1244	OF	Pembrokeshire Harriers		
152	2:33:14	ROGERS	Joanne	1329	F40	Pembrokeshire Harriers		
153	2:33:40	JENKINS	Janette	1247	F50	TROTS		
154	2:33:44	LEE	Catherine	1268	F50	TROTS		
155	2:33:53	REED	Donna	1320	OF	P.Dock		
156	2:34:14	DENNY	Alec	1205	OF	Team Cemais	Y	
157	2:34:15	PICKETT	Claire	1310	OF	Hundleton		
158	2:34:36	FRYER	Nicola	1398	OF			
159	2:34:38	POMPA	Rachel	1311	OF	Pontardawe		
160	2:35:09	HOBBS	Iola	1237	F40	Clwb rhedeg Pontardawe		
161	2:35:27	SIVA	Sutha	1337	M40	Ludchurch		
162	2:36:18	WILLIAMS	Geraint	1378	M40	Pontardawe		
163	2:38:22	HARRIES	Stuart	1230	M50	Caerdydd.		
164	2:39:43	CRAIG	Amy	1190	OF	Pembrokeshire Harriers	Y	
165	2:39:44	WOODHOUSE	Anwen	1384	F50	Pembrokeshire Harriers	Y	
166	2:41:40	SHEARD	Beverley	1334	F50	Ogmore Phoenix runners		
167	2:41:41	LEWIS	Ian	1271	M50	Ogmore Phoenix runners		
168	2:42:03	BRAUN	Karen	1178	F40	Cardiff		
169	2:42:04	HORNUNG	Catrin	1239	F40	Cardiff		
170	2:42:04	BRAUN	James	1177	M40	Cardiff		
171	2:42:15	WILLIAMS	Gwyndaf	1380	M40	Pembrokeshire Harriers	Y	
172	2:45:34	BEESON	Michelle	1165	F40	Maldwyn Harriers		
173	2:45:37	BEESON	Paul	1392	M50	Maldwyn Harriers		
174	2:47:05	FINNIS	Michela	1219	OF	Llanelli		
175	2:48:38	MARI-PINCOTT	Severine	1282	F40	PPRC		
176	2:49:08	ABBOTT	Louise	1161	F60	Cirencester AC		
177	2:50:17	JONES	Emma	1258	F40	Pontardawe Running club		
178	2:50:26	NICHOLSON	Torin	1297	OM	Rhosfach	Y	
179	2:51:12	WINTER	Laura	1383	OF	Emlyn Winter		
180	2:51:13	TURNER	James	1358	M40	Primal Health & Fitness		
181	2:51:41	O'CONNOR	SeanieTom	1299	M40	DDMT		
182	2:52:09	McHARG	Wendy	1287	F40	Pentlepoir		
183	2:52:24	GRIFFIN	Andrew	1222	M40	Pentlepoir		
184	2:52:38	WATKINS	Rebecca	1365	OF	Fishguard	Y	
185	2:55:33	DAVIES	Elaine M	1200	F50	Pembrokeshire Harriers	Y	
186	2:55:36	RYDER	Faith	1330	F40	Pembrokeshire Harriers		

187	2:55:40	DAVIES	Kyle	1194	OM	Maenclochog	Y	
188	2:55:41	BRIDGE	Niall	1179	M40	Maenclochog	Y	
189	2:58:51	DAVIES	Sharon	1201	F40	Sospan road runners		
191	2:58:56	COLSTON	Judith	1186	F70	Treffgarne		
192	3:03:06	WALDEN-JONES	Jacqueline	1362	F40	Pontfaen	Y	
193	3:05:42	MARTIN	Jackie	1284	F50	Sospan road runners		
194	3:05:43	DAVIES	Emma	1196	OF	Sospan road runners		
195	3:08:40	BLAZEY	Kiera	1170	OF	Saundersfoot		
196	3:09:05	JAMES	Karen	1243	F40	Narberth	Y	
197	3:10:44	DAVIES	Jessica	1197	OF	Saundersfoot		
198	3:11:53	JONES	Magda	1253	OF	Carmarthen Harriers		
199	3:11:55	BRABROOK	Andrea	1395	F40	Carmarthen Harriers		
200	3:15:59	COOK	Gill	1187	F60	Llandysul		
201	3:47:42	LOWE	Carer Sarah	1280	F40	BHWRC		

