

## Beast Bach 2019

No	Surname	Name	Cat	Club
1	ALLEN	James	OM	Haverfordwest
2	BEESON	Danny	OM	Maldwyn Harriers
3	BEESON	Jake	OM	Maldwyn Harriers
4	BLAZEY	John	OM	Saundersfoot
5	BUSISA	Lox	OM	Maenclochog
6	DAVIES	Seth	OM	Crymych
7	DAVIES	James	OM	Abingdon/Goodwick
8	DILKS	Archie	OM	TROTS
9	EVAND	Gwilym	OM	Team CEMAIS
10	EVANS	Luke	OM	TROTS
11	EVANS	Ian	OM	Templeton
12	EVANS	Darren	OM	Pembrokeshire Harriers
13	EYNON	Aled	OM	TROTS
14	FROST	Stefan	OM	Milford Tritons
15	GILES	Mathew	OM	Gloucester
16	GOODLIFE	William	OM	Gloucester
17	JONES	Martin	OM	Milford Haven
18	JONES-DAVIES	Aled	OM	TROTS
19	LEWIS	Stephen	OM	Goodwick
20	LEWIS	Sion	OM	Puncheston
21	McFARLAN-SHOPES	John	OM	Sheffield
22	MORRIS	Edmund	OM	YHA Manorbier
23	OWEN	Mike	OM	Pembroke
24	PARSONS	Joel	OM	Cardiff
25	PERKINS	Benjamin	OM	Llanddwei Velfrey
26	REES	Simon	OM	Penygroes
27	RICHARDS	Joshua	OM	Gloucester
28	ROWLANDS	Sion	OM	Clarbeston Rd
29	SMITH	Gareth	OM	TROTS
30	SWANN	Patrick	OM	Tenby Aces
31	TANNER	Dafydd	OM	Cardiff
32	THOMAS	James	OM	Fairford, Gloucestershire
33	THOMAS	Bleddyn	OM	Llanddewi Velfrey
34	THOMAS	Henry	OM	Cirencester, Glos
35	THOMPSON	Finnlay	OM	Pembs Tri Club
36	WATKINS	Rhyds	OM	Maenclochog
37	AUSTIN	Fiona	OF	Milford Haven
38	BARING	Daisy	OF	Sheffield
39	BELL	Jade	OF	Maenclochog
40	BLAZEY	Keira	OF	Saundersfoot
41	BLUNT	Carys	OF	Maenclochog/Sheffield
42	BRAY	Kitty	OF	Southern Navigators
43	BRYAN	Zana	OF	Amman Valley Harriers
44	CHERRY	Abi	OF	Darth Coastal runners
45	CORDINGLY	Sarah	OF	Welshpool
46	CRIMMINS	Katie	OF	Milford Haven
47	DAVIES	Emma	OF	Sospan runners
48	DAVIES	Yvonne	OF	Carmarthen

49	DAVIES	Rhian	OF	Primal Health & Fitness
50	FRANKL	Rowenna	OF	Kidwelly
51	GREEN	Katharine	OF	Haverforwest
52	HALLETT	Kirsty	OF	Brighton
53	HETT	Kirsty	OF	Cardiff
54	HILLYARD	Gemma	OF	London
55	JOHN	Amy	OF	Milford Haven
56	JOHN	Kelly	OF	Walton East
57	JONES	Jade	OF	Pembrokeshire Harriers
58	KEHOE	Roxanne	OF	Haverforwest
59	KITSON-JAMES	Leah	OF	West Coast Tri
60	LEWIS	Ann- Marie	OF	Templeton
61	LUKE	Rhonwen	OF	Haverfordwest
62	MACHIN	Holly	OF	Swansea
63	McFARLANE	Meg	OF	Milford Haven
64	McLOGHLIN	Hannah	OF	Shan Jones runners
65	MIKLAUSIC	Jessica	OF	Gloucester
66	NICKERSON	Tara	OF	Rosemarket
67	POOLE	Rebecca	OF	Fairwater runners Cwmbran
68	ROBERTS	Sarah	OF	TROTS
69	ROBERTS	Sarah	OF	TROTS
70	SCHREIDER	Emma	OF	Canada
71	STRYDOM	Rebecca	OF	Templeton
72	SUMMERS	Eleri	OF	Login
73	SWANN	Vicky	OF	Saundersfoot
74	THOMAS	Kayleigh	OF	Haverforwest
75	THORNHILL	Shona	OF	Dursley
76	TUSTIN	Lisa	OF	Celtic Tri
77	WATKINS	Rebecca	OF	Swansea
78	ABBOTT	Louise	M60	Cirencester, Glos
79	FENOULHET	Simon	M60	Cardiff
80	HAYES	Paul	M60	Llangolman
81	RIDOUT	Mike	M60	Pembrokeshire Harriers
82	TILLEY	Chris	M60	Trefin
83	WATERSTON	Noel	M60	U/A
84	ALLEN	Martin	M50	YHA Manorbier
85	BELTON	Jason	M50	Ambleston
86	BIGGS	Richard	M50	Corsham running club
87	CLEMENT	Jonathan	M50	Burry Port
88	COOLEY	Ben	M50	DDMT
89	COX	Johnathan	M50	Carmarthen Harriers
90	DAVIES	Mike	M50	Sarn Helen
91	GALE	Chris	M50	Neyland
92	GEORGE	Mark	M50	Bavaria, Germany
93	GRIFFITHS	Ant	M50	Haverfordwest
94	GRIFFITHS	Kevin	M50	TROTS
95	HAMID	Andrew	M50	Walton East
96	HARRIES	Stuart	M50	Cardiff
97	HARRIS	Martin	M50	Fishguard
98	HAYTON	Fred	M50	Kilgetty

99 JENKINS	Kevin	M50	TROTS
100 KENT	David	M50	Cardiff
101 MATHEWS	Steve	M50	Goodwick
102 OUDJEDI	Abdou	M50	Carmarthen Harriers
103 PRICE	Glyn	M50	Sarn Helen
104 REES	Paul	M50	Gorseinon RR
105 SEXTON	Christopher	M50	Pembrokeshire Harriers
106 SMITH	Andy	M50	Birchgrove, Swansea
107 SPEAR	Derek	M50	Cadoxton
108 TURNER	Shaun	M50	From up't North
109 WALLACE	John	M50	Henley on Thames
110 WILLIAMS	Jonathan	M50	TROTS
111 BROUGHTON	Jez	M40	Cilgerran
112 BRYAN	Neil	M40	Amman Valley Harriers
113 COMEAU	Gilles	M40	Bristol
114 COOK	Oliver	M40	Llanycefn
115 DAUNCEY	Nicola	M40	Black Pear Joggers
116 DAVIES	Lyn	M40	Team Cemais
117 DEW	Anthony	M40	Llanddewi Velfrey
118 DILKS	Jim	M40	TROTS
119 EDMONDS	Daniel	M40	Manorbier
120 EDWARDS	Craig	M40	DDMT
121 HISCOCK	John	M40	Solva
122 HOYLAND	Wayne	M40	Primal Health & Fitness
123 IFAN	Cynyr	M40	Llandysul
124 JAMES	Jonathan	M40	Celtic Tri
125 JAMES	Jason	M40	Pembroke
126 JOHN	Gareth	M40	Milford Haven
127 JONES	Dafydd	M40	Cardiff
128 JONES	Sion	M40	Cardiff
129 MANUEL	David	M40	Maldwyn Harriers
130 MARTIN	David	M40	Cosheston
131 MORGAN	Andrew	M40	Gwaun Valley
132 O'CONNOR	Sean	M40	DDMT
133 PASSENGER	Andrew	M40	Glangwili
134 POOLE	Ricky	M40	Fairwater runners Cwmbran
135 POWELL	Mathew	M40	Celtic Tri
136 POWELL	Rodney	M40	TROTS
137 RAINBOW	Goerge	M40	Whitland
138 REED	Edd	M40	P. Dock
139 ROBERSTON-WILLIAN	Owen	M40	Cardigan
140 SMITH	Andrew	M40	Swansea
141 THOMAS	Andrew	M40	Llandysul
142 THOMAS	David	M40	Pembroke Dock
143 THORPE	Wayne	M40	Dinas Cross
144 TREBUTT	Jonothan	M40	Maenclochog
145 YOUNG	Dickon	M40	Whitland
146 COLSTON	Judith	F70	Treffgarne, Haverfordwest
147 BELL	Jeanie	F60	Pembrokeshire Harriers
148 DAVIES	Hazel	F60	Cardigan running club

149	GOODWIN	Margaret	F60	Camrose
150	JONES	Gillian	F60	Pembrokeshire Harriers
151	ANTHONY	Mary	F50	St Clears
152	BARBER	Julie	F50	TROTS
153	BARHAM	Sarah	F50	Swansea
154	BEVAN	Suzanne	F50	Swansea
155	BOORMAN	Louise	F50	Pembrokeshire Harriers
156	BROWN	Val	F50	Llawhaden
157	DAVIES	Elaine	F50	Pembrokeshire Harriers
158	EVANS	Ceinwen	F50	Pembrokeshire Harriers
159	EVANS	Jayne	F50	TROTS
160	EVANS	Ceinwen	F50	Pembrokeshire Harriers
161	GARNER	Deb	F50	Pembrokeshire Harriers
162	HARRIES	Jane	F50	Full On Tri
163	JAMES	Karen	F50	Narberth
164	JENKINS	Janette	F50	TROTS
165	KAVANAGH	Vivienne	F50	Gorseinon
166	KEARSEY	Debra	F50	Chippenham
167	KIMBER	Domi	F50	Rhedwyr Preseli
168	MARTIN	Jackie	F50	Sospan runners
169	MORGAN	Mair	F50	Llangynin
170	MORGAN	Mair	F50	llangynin
171	POWELL	Caroline	F50	U/A
172	REES	Linda	F50	Gorseinon RR
173	TARRANT	Suzi	F50	Narberth
174	WALKER	Adele	F50	Swindon
175	WILLIAMS	Clare	F50	Pembrokeshire Harriers
176	BOWEN	Natalie	F40	Haverfordwest
177	CHANT	Lottie	F40	Fire Service
178	CLEMENT	Ruth	F40	Burry Port
179	COOPER	Fiona	F40	Newport, Pembs
180	COYNE	Joanne	F40	Burry Port
181	DAVIES	Melanie	F40	Cardigan
182	DENNISS	Jodie	F40	Ystalyfera
183	DILKS	Beckie	F40	TROTS
184	GAUL	Melanie	F40	Aberystwyth AC
185	HARRIES	Maria	F40	Pembrokeshire Harriers
186	JOHN	Sally	F40	Pembrokeshire Harriers
187	KILSBY	Emma	F40	Newcastle Emlyn
188	LLEWELYN	Nicola	F40	Glanamman
189	MARTIN	Julie	F40	Cosheston
190	MORGAN	Leeann	F40	Haverfordwest
191	MUNRO	Helen	F40	Pembrokeshire Harriers
192	NAHAR	Qumrun	F40	Pembrokeshire Harriers
193	NJUGUNA	Wairimu	F40	Brighton
194	PHILLIPS	Emma	F40	DDMT
195	POWELL	Nikki	F40	Celtic Tri
196	PROTHEROE	Rhian	F40	Black Pear Joggers
197	REED	Donna	F40	P. Dock
198	ROBERTS	Christine	F40	Llanstadwell

199 SHADWELL	Karen	F40	Bristol
200 TROTMAN	Sharon	F40	3M Gorseinon
201 WALDEN-JONES	Jacquie	F40	Pontfaen
202 WICKENS	Caroline	F40	Camrose, Haverfordwest
203 WILLIAMS	Sonia	F40	Team Cemais
204			