

Beast Bach 2018					Local	
No	Name	Surname	Cat	Club	T's	
1	Aled	JONES-DAVIES	OM	TROTS		
2	Ben	STEELE	OM	Cobra running & Tri club		
3	Chris	ELMES	OM	Bristol		
4	Dan	SWIFT	OM	TROTS	Y	L
5	Ian	EVANS	OM	Templeton	Y	L
6	James	WICKS	OM	Templeton	Y	
7	James	ALLEN	OM	Haverfordwest	Y	L
8	Jeremy	JUDGE	OM	London		
9	Jimmy	WILSON	OM	Milford Haven		
10	John	MIKLAUSIC	OM	NGOC		
11	Jon	DAVIES	OM	Narberth	Y	
12	Jon	WILLIAMS	OM	Fishguard	Y	
13	Lee	JENKINS	OM	Run4all Neath		
14	Philip	LEIGHTON	OM	Bristol		
15	Rhys	GRIFFITHS	OM	St Petrox		
16	Sion	MORGAN JONES	OM	Carmarthen		
17	Steve	LEWIS	OM	Goodwick	Y	
18	Will	DODSON	OM	Hundleton		
19	Alec	DENNY	OF	Team Cemais	Y	S
20	Anna	BOWEN	OF	Llandysul		S
21	Cat	MAYES	OF	Templeton	Y	
22	Claire	PICKETT	OF	Hundleton		S
23	Donna	REED	OF	P.Dock		
24	Emma	DAVIES	OF	Sospan road runners		
25	Emma	WINCH	OF	Bridgend		
26	Georgia	BEVAN	OF	Llandeilo		
27	Jessica	DAVIES	OF	Saundersfoot		
28	Lauren	THOMAS	OF	Pembrokeshire Harriers		
29	Linzi	BYRNE	OF	Clwb rhedeg Pontardawe		
30	Magda	JONES	OF	Carmarthen Harriers		XL
31	Marianne	SPRATT	OF	Pembrokeshire Harriers		S
32	Michela	FINNIS	OF	Llanelli		S
33	Nicola	Fryer	OF	Rowen, Conwy		L
34	Nicole	SHEEHAN	OF	Hants		
35	Rebecca	WATKINS	OF	Fishguard	Y	M
36	Rebecca	POOLE	OF	Fairwater runners Cwmbran		S
37	Sally	ROBERTSON-WILLIAMS	OF	Cardigan	Y	
38	Tori	JONES	OF	Sospan road runners		
39	Zana	BRYAN	OF	Amman Valley Harriers		
40	Alan	LAMBERT	M60	Pembroke		
41	Martin	ANDREWS	M60	TROTS		
42	Andy	SMITH	M50	Swansea		XL
43	Dave	TASKER	M50	Sospan road runners		L
44	David	BANNISTER	M50	Lower town, Fishguard	Y	
45	Ian	LEWIS	M50	Ogmore Phoenix runners		
46	Kevin	UPSTILL	M50	Rhedwyr Preseli	Y	L
47	Kevin	JENKINS	M50	TROTS		
48	Laurence	WORTH	M50	Pembrokeshire Harriers	Y	

49	Leith	COUPER	M50	Berks		
50	Michael	PALMER	M50	Trelech		
51	Paul	JOHNSON	M50	Begelly		
52	Peter	HARROP	M50	Ogmore Phoenix runners		
53	Simon	HARRISON	M50	Ogmore Phoenix runners		L
54	Adrian	PETERS	M40	Llanelli		
55	Anthony	DEW	M40	Llanddewi Velfrey	Y	
56	Barrie	EVANS	M40	Kilgetty		XL
57	Chris	KENT	M40	Run4all Neath		M
58	Chris	VANE	M40	Haverfordwest	Y	L
59	Craig	THOMAS	M40	Llanelli		
60	Daniel	EDMONDS	M40	Manorbier		L
61	Dave	WILCOCK	M40	Isle of Wight RR		XL
62	Edward	REED	M40	P.Dock		M
63	George	RAINBOW	M40	Cwmfelin Boeth	Y	L
64	Geraint	WILLIAMS	M40	Pontardawe		M
65	Jenkin	LEWIS	M40	Hertfordshire		
66	Jim	DILKS	M40	TROTS		
67	Julian	HART	M40	Cobra running & Tri club		
68	Mark	HORSMAN	M40	Cardigan RC		
69	Neil	BRYAN	M40	Amman Valley Harriers		
70	Niall	BRIDGE	M40	Maenclochog	Y	L
71	Owen	ROBERTSON-WILLIAMS	M40	Cardigan	Y	
72	Peter	WESTMORLAND	M40	Gosport		S
73	Richard	THOMAS	M40	Sospan road runners		L
74	Ricky	POOLE	M40	Cwmbran		L
75	Robert	GRIFFITHS	M40	St Petrox		
76	Simon	REES	M40	Tumble		M
77	Stuart	WESTMORLAND	M40	Rhedwyr Preseli	Y	
78	Judith	COLSTON	F70	Treffgarne		
79	Adele	WALKER	F50	Swindon		
80	Anwen	WOODHOUSE	F50	Pembrokeshire Harriers	Y	M
81	Beverley	SHEARD	F50	Ogmore Phoenix runners		
82	Ceinwen	EVANS	F50	Pembrokeshire Harriers		
83	Denise	BRADLEY	F50	Ogmore Phoenix runners		
84	Janette	JENKINS	F50	TROTS		
85	Joanne	BOWES	F50	Carmarthen Harriers		S
86	Lindsay	BUCK	F50	Cumberland fell runners		S
87	Louise	BOORMAN	F50	Pembrokeshire Harriers	Y	
88	Margaret	GOODWIN	F50	Pembrokeshire Harriers	Y	S
89	Suzanne	BEVAN	F50	Llandeilo		
90	Suzi	TARRANT	F50	Vegan runners	Y	
91	Amanda	DODSON	F40	Hundleton		
92	Angela	PHILLIPS	F40	Neyland		
93	Carrie	GRIFFITHS	F40	Ogmore Phoenix runners		
94	Ellie	CAMACHO	F40	St.Briavels.		
95	Faye	PAGE	F40	Brislington		
96	Gina	WALTERS	F40	Pembrokeshire Harriers		
97	Iola	HOBBS	F40	Clwb rhedeg Pontardawe		
98	Joanna	SINCLAIR	F40	Spittal	Y	M

99 Kelly	MORGAN	F40	Godregraig		
100 Lorna	JOHNSON	F40	Celtic Tri		
101 Lucy	DEERING	F40	Clwb rhedeg Pontardawe		
102 Maria	HARRIES	F40	Pembrokeshire Harriers	Y	S
103 Melanie	HOWARD	F40	Run4all Neath		
104 Michelle	BEESON	F40	Maldwyn Harriers		
105 Natalie	BOWEN	F40	Haverfordwest	Y	M
106 Rebecca	DILKS	F40	TROTS		
107 Severine	MARI-PINCOTT	F40	PPRC		
108 Sharon	DAVIES	F40	Sospan road runners		S
109 Stephanie	KESKIN	F40	New Moat	Y	