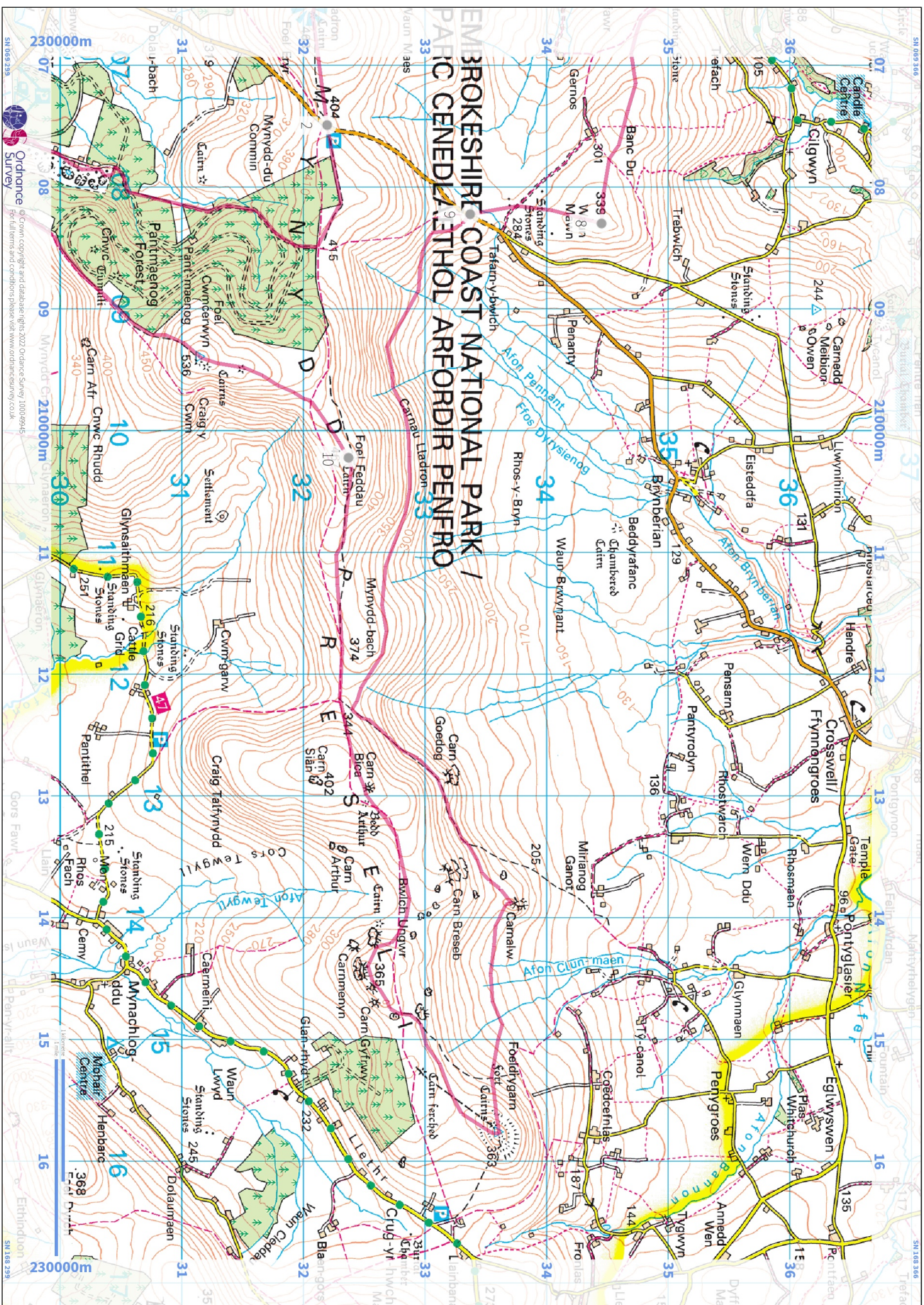




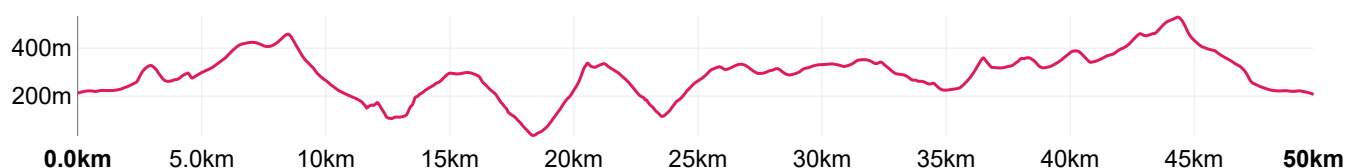
Route Information

Route Name UltrabeasT route
Beastly tough

Route Summary

Total Distance	49.5km (30.8mi)	Walk	13h 50min
Elevation	34m at lowest point	Run	4h 29min
	534m at highest point	Cycle	2h 36min
Total Ascent	1765m		

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SN 082 274	0.00km	51° 54' 45" N	4° 47' 19" W	212m
	Dist to next: 7.57km, Bearing to next: 351°, Ascent to next: 316m				
2	SN 074 321	7.57km	51° 57' 17" N	4° 48' 10" W	405m
	WS, CP1 Dist to next: 5.52km, Bearing to next: 314°, Ascent to next: 104m				
3	SN 045 349	13.09km	51° 58' 43" N	4° 50' 49" W	116m
	WS, CP2 Dist to next: 0.85km, Bearing to next: 15°, Ascent to next: 110m				
	↑ Continue onto Route (4° 50' 44" W 51° 59' 0" N 0m)				
4	SN 047 355	13.94km	51° 59' 2" N	4° 50' 42" W	226m
	Dist to next: 0.06km, Bearing to next: 18°, Ascent to next: 5m				
	↑ Continue onto Route (4° 50' 42" W 51° 59' 2" N 0m)				
5	SN 047 356	14.00km	51° 59' 4" N	4° 50' 42" W	230m
	Dist to next: 0.12km, Bearing to next: 4°, Ascent to next: 7m				
6	SN 047 357	14.12km	51° 59' 7" N	4° 50' 41" W	238m
	Dist to next: 0.15km, Bearing to next: 354°, Ascent to next: 9m				
	↑ Continue onto Route (4° 50' 41" W 51° 59' 7" N 0m)				

7	SN 047 358	14.27km	51° 59' 12" N	4° 50' 42" W	247m
	Dist to next: 4.06km , Bearing to next: 18° , Ascent to next: 62m				
8	SN 057 390	18.33km	52° 0' 55" N	4° 49' 56" W	38m
	WS,CP3 Dist to next: 2.06km , Bearing to next: 164° , Ascent to next: 300m				
9	SN 062 372	20.39km	51° 59' 58" N	4° 49' 26" W	338m
	CP4 Dist to next: 0.66km , Bearing to next: 257° , Ascent to next: 17m				
10	SN 056 370	21.05km	51° 59' 52" N	4° 49' 57" W	336m
	CP5 Dist to next: 2.16km , Bearing to next: 180° , Ascent to next: 4m				
11	SN 056 354	23.21km	51° 58' 58" N	4° 49' 54" W	131m
	WS, CP6 Dist to next: 3.30km , Bearing to next: 110° , Ascent to next: 312m				
12	SN 083 344	26.52km	51° 58' 31" N	4° 47' 32" W	336m
	CP7 Dist to next: 1.10km , Bearing to next: 184° , Ascent to next: 9m				
13	SN 082 333	27.62km	51° 57' 56" N	4° 47' 34" W	304m
	WS, CP8 Dist to next: 14.92km , Bearing to next: 117° , Ascent to next: 753m				
14	SN 102 323	42.54km	51° 57' 26" N	4° 45' 47" W	464m
	CP9 Dist to next: 6.96km , Bearing to next: 201° , Ascent to next: 892m				
15	SN 083 273	49.50km	51° 54' 41" N	4° 47' 17" W	207m