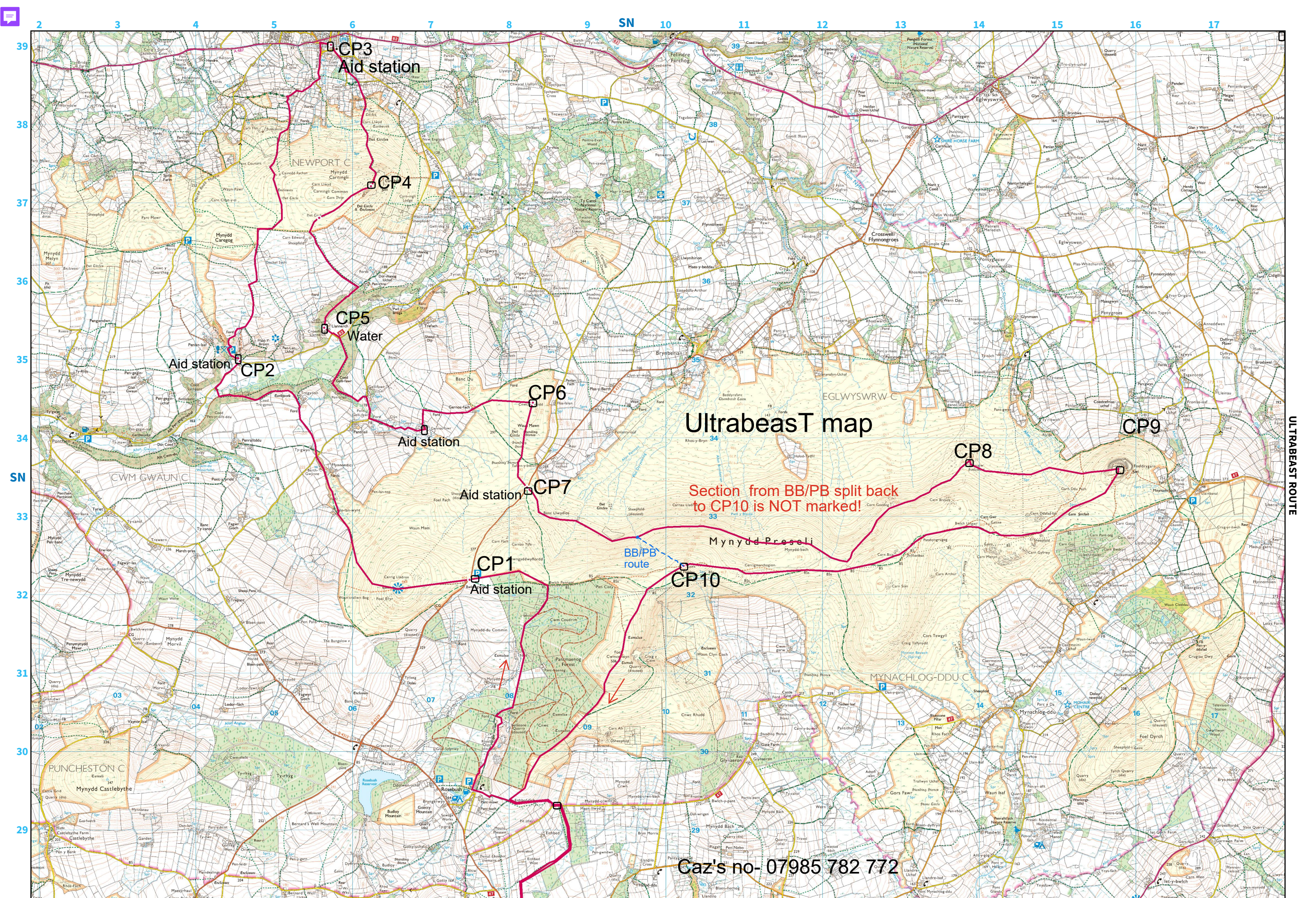




CP3
Aid station

CP4

CP5
Water

Aid station
CP2

CP6

Aid station

Aid station
CP7

CP1
Aid station

UltrabeastT map

Section from BB/PB split back
to CP10 is NOT marked!

Mynydd Preseli

CP10

CP8

CP9

Caz's no- 07985 782 772

ULTRABEAST ROUTE

Route Information

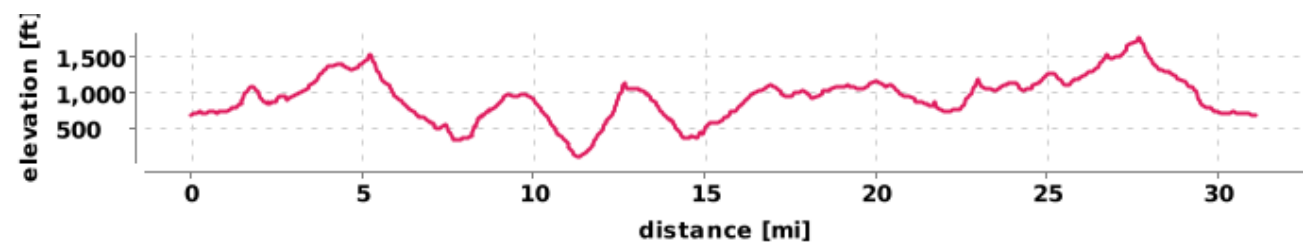
UltrabeasT route

Beastly tough

Route Summary

Total Distance	31.11 mi (50.07 km)
Elevation	107 ft at lowest point
	1758 ft at highest point
Total Ascent	5678 ft

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SN 082 274	0 mi	51° 54' 45" N	4° 47' 19" W	696 ft
	Dist to next: 4.71 mi, Ascent to next: 633 ft				
2	SN 074 321	4.71 mi	51° 57' 17" N	4° 48' 10" W	1329 ft
	WS, CP1				
	Dist to next: 3.44 mi, Ascent to next: -946 ft				
3	SN 045 349	8.15 mi	51° 58' 43" N	4° 50' 49" W	383 ft
	WS, CP2				
	Dist to next: 3.25 mi, Ascent to next: -259 ft				
4	SN 057 390	11.4 mi	52° 0' 55" N	4° 49' 56" W	124 ft
	WS,CP3				
	Dist to next: 1.28 mi, Ascent to next: 1007 ft				
5	SN 062 372	12.68 mi	51° 59' 58" N	4° 49' 26" W	1131 ft
	CP4				
	Dist to next: 0.49 mi, Ascent to next: -94 ft				
6	SN 055 368	13.17 mi	51° 59' 44" N	4° 50' 0" W	1037 ft
	CP5				
	Dist to next: 1.18 mi, Ascent to next: -629 ft				
7	SN 056 354	14.35 mi	51° 58' 58" N	4° 49' 54" W	408 ft
	WS, CP6				
	Dist to next: 2.6 mi, Ascent to next: 699 ft				
8	SN 083 344	16.95 mi	51° 58' 31" N	4° 47' 32" W	1107 ft
	CP7				
	Dist to next: 0.71 mi, Ascent to next: -112 ft				
9	SN 082 333	17.66 mi	51° 57' 56" N	4° 47' 34" W	995 ft
	WS, CP8				
	Dist to next: 9.12 mi, Ascent to next: 529 ft				

10	SN 102 323	26.78 mi	51° 57' 26" N	4° 45' 47" W	1523 ft
	CP9				
	Dist to next: 4.33 mi, Ascent to next: -844 ft				
11	SN 083 273	31.11 mi	51° 54' 41" N	4° 47' 17" W	679 ft