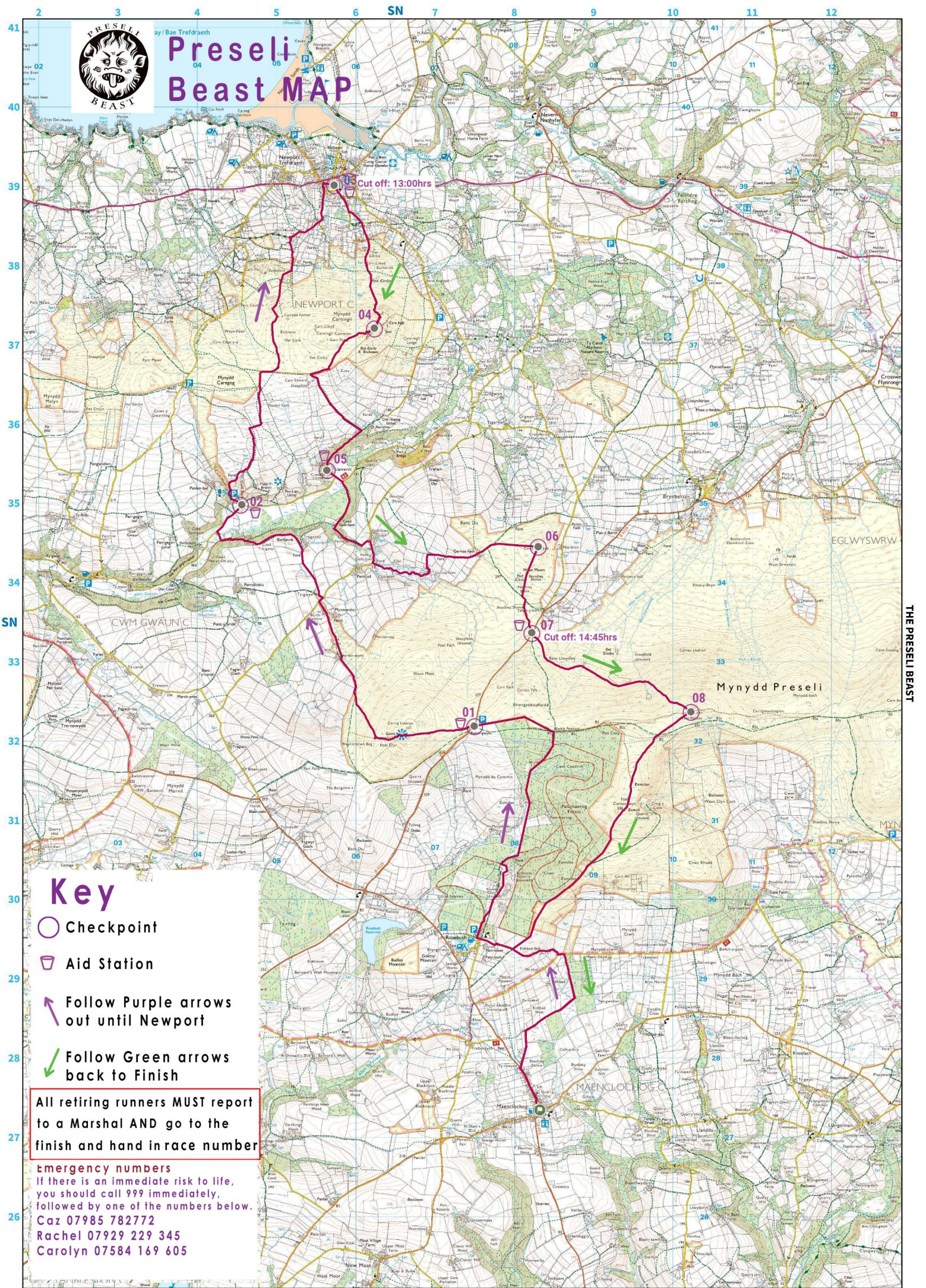




# Preseli Beast MAP



THE PRESSELI BEAST

## Key

- Checkpoint
- Aid Station
- Follow Purple arrows out until Newport
- Follow Green arrows back to Finish

**All retiring runners MUST report to a Marshal AND go to the finish and hand in race number**

**Emergency numbers**  
 If there is an immediate risk to life, you should call 999 immediately, followed by one of the numbers below.  
**Caz 07985 782772**  
**Rachel 07929 229 345**  
**Carolyn 07584 169 605**